

# Wakacyjne zawody lekkoatletyczne

WARSZAWA, 20.07.2024

## MEŻCZYŹNI/MEN

### 100 metrów M

| FINAŁ A                  | -0.1 M/S                        | 18:02 |       |  |
|--------------------------|---------------------------------|-------|-------|--|
| 1 SŁOWIKOWSKI Przemysław | 20.11.1993 MKL Szczecin         | ZP    | 10.45 |  |
| 2 KOZELAN Hubert         | 01.06.2003 AZS UMCS Lublin      | LU    | 10.60 |  |
| 3 BRZEZIŃSKI Adrian      | 24.08.1998 MKL Toruń            | KP    | 10.66 |  |
| 4 HAGAWI Hasan           | 27.07.2008 SAUDI ARABIA         |       | 10.89 |  |
| 5 ALABDULBAQI Husaain    | 16.01.2007 SAUDI ARABIA         |       | 11.17 |  |
| ALYAMI Mubarak           | 20.04.2008 SAUDI ARABIA         |       | DNS   |  |
| BAJRASZEWSKI Tomasz      | 20.12.2006 LKS Vectra Włocławek | KP    | DNS   |  |
| SUCHOROWSKI Jan          | 21.10.2001 AKL Ursynów Warszawa | MZ    | DNS   |  |

| FINAŁ B               | -0.2 M/S                             | 17:55 |       |  |
|-----------------------|--------------------------------------|-------|-------|--|
| 1 MICHNIEWSKI Olgierd | 18.11.2000 RLTL GGG Radom            | MZ    | 10.93 |  |
| 2 GERBER Nikodem      | 03.07.2001 OŚ AZS Poznań             | WP    | 11.00 |  |
| 3 STĘPIEŃ Mateusz     | 13.08.2005 NKS Nowe Miasto Lubawskie | WN    | 11.04 |  |
| 4 SZYMAŃSKI Daniel    | 22.05.2005 UMLKS Pegaz Opoczno       | LD    | 11.09 |  |
| 5 KOŁODZIEJ Kacper    | 18.04.2005 MKL Toruń                 | KP    | 11.18 |  |
| 6 TKACZYK Filip       | 06.01.2007 OŚ AZS Poznań             | WP    | 11.34 |  |
| CHUDAK Franciszek     | 03.12.2001 AKL Ursynów Warszawa      | MZ    | DNS   |  |
| MINKLEJ Adrian        | 04.03.2005 MKL Toruń                 | KP    | DNS   |  |

### 100 metrów M

| Bieg 1/ 5                | -3.0 M/S                        | 16:51 |       |    |  |
|--------------------------|---------------------------------|-------|-------|----|--|
| 1 SŁOWIKOWSKI Przemysław | 20.11.1993 MKL Szczecin         | ZP    | 10.47 | q  |  |
| 2 BAJRASZEWSKI Tomasz    | 20.12.2006 LKS Vectra Włocławek | KP    | 10.77 | q  |  |
| 3 SUCHOROWSKI Jan        | 21.10.2001 AKL Ursynów Warszawa | MZ    | 10.85 | q  |  |
| 4 KOZELAN Hubert         | 01.06.2003 AZS UMCS Lublin      | LU    | 10.86 | q  |  |
| 5 BRZEZIŃSKI Adrian      | 24.08.1998 MKL Toruń            | KP    | 10.87 | q  |  |
| 6 MICHNIEWSKI Olgierd    | 18.11.2000 RLTL GGG Radom       | MZ    | 11.10 | qB |  |
| 7 SZYMAŃSKI Daniel       | 22.05.2005 UMLKS Pegaz Opoczno  | LD    | 11.14 | qB |  |

| Bieg 2/ 5           | -1.1 M/S                             | 16:54 |       |       |  |
|---------------------|--------------------------------------|-------|-------|-------|--|
| 1 STĘPIEŃ Mateusz   | 13.08.2005 NKS Nowe Miasto Lubawskie | WN    | 11.08 | qB    |  |
| 2 GERBER Nikodem    | 03.07.2001 OŚ AZS Poznań             | WP    | 11.24 | qB    |  |
| 3 KOŁODZIEJ Kacper  | 18.04.2005 MKL Toruń                 | KP    | 11.35 | qB SB |  |
| 4 TKACZYK Filip     | 06.01.2007 OŚ AZS Poznań             | WP    | 11.38 | qB    |  |
| 5 MINKLEJ Adrian    | 04.03.2005 MKL Toruń                 | KP    | 11.43 | qB    |  |
| 6 CHUDAK Franciszek | 03.12.2001 AKL Ursynów Warszawa      | MZ    | 11.56 | qB    |  |
| 7 DOBEK Paweł       | 12.12.1987 KS Sprintwarsaw           | MZ    | 11.60 | SB    |  |

| Bieg 3/ 5             | -0.7 M/S                          | 16:57 |       |  |  |
|-----------------------|-----------------------------------|-------|-------|--|--|
| 1 DEMSKI Sebastian    | 02.11.1991 KS Sprintwarsaw        | MZ    | 11.59 |  |  |
| 2 ZEMBRZUSKI Antoni   | 22.09.2008 UKS LA Basket Warszawa | MZ    | 11.83 |  |  |
| 3 ZIUŁKOWSKI Piotr    | 20.02.2006 AKL Ursynów Warszawa   | MZ    | 11.91 |  |  |
| 4 HOROSZKO Rafał      | 07.08.2008 UKS LA Basket Warszawa | MZ    | 11.95 |  |  |
| 5 DUBIEL Adam         | 12.01.1979 KS AZS AWF Warszawa    | MZ    | 11.96 |  |  |
| 6 PAWŁOWSKI Łukasz    | 13.03.1982 KS Sprintwarsaw        | MZ    | 12.06 |  |  |
| 7 MŁYNOWSKI Stanisław | 12.07.2005 UKS Dąb Suchy Las      | WP    | 12.12 |  |  |

| Bieg 4/ 5          | +1.8 M/S                          | 17:00 |       |    |  |
|--------------------|-----------------------------------|-------|-------|----|--|
| 1 SKRZYŃSKI Piotr  | 08.10.1967 W-MKLAM Olsztyn        | WN    | 12.00 |    |  |
| 2 CZYŻ Jacek       | 05.02.2010 MKS Bank BS Płońsk     | MZ    | 12.20 |    |  |
| 3 KARDA Sebastian  | 09.10.2009 UKS LA Basket Warszawa | MZ    | 12.80 | PB |  |
| 4 BIŃCZYK Jarosław | 18.01.1966 W-MKLAM Olsztyn        | WN    | 12.84 | PB |  |

| Bieg 5/ 5             | +2.2 M/S                            | 17:02 |       |   |  |
|-----------------------|-------------------------------------|-------|-------|---|--|
| 1 ALYAMI Mubarak      | 20.04.2008 SAUDI ARABIA             |       | 10.76 | q |  |
| 2 HAGAWI Hasan        | 27.07.2008 SAUDI ARABIA             |       | 10.88 | q |  |
| 3 ALABDULBAQI Husaain | 16.01.2007 SAUDI ARABIA             |       | 11.00 | q |  |
| 4 TABAK Maciej        | 13.10.2006 SKLA Sopot               | PM    | 12.14 |   |  |
| 5 ZIELIŃSKI Emil      | 13.02.2006 AZS UMCS Lublin          | LU    | 12.29 |   |  |
| 6 GRABKOWSKI Piotr    | 02.01.1995 KS Sprinterzy.com Kraków | MA    | 12.36 |   |  |
| 7 KŁOSZEWSKI Oskar    | 19.03.2009 MKS Bank BS Płońsk       | MZ    | 12.50 |   |  |

### 200 metrów M

| Bieg 1/ 4                | +0.7 M/S                        | 19:10 |       |  |  |
|--------------------------|---------------------------------|-------|-------|--|--|
| 1 SŁOWIKOWSKI Przemysław | 20.11.1993 MKL Szczecin         | ZP    | 20.70 |  |  |
| 2 KOMAŃSKI Albert        | 07.02.2000 CWKS Resovia Rzeszów | PK    | 20.81 |  |  |
| 3 SUCHOROWSKI Jan        | 21.10.2001 AKL Ursynów Warszawa | MZ    | 21.44 |  |  |
| 4 MOUKETOU-TARAZEWICZ    | 09.02.2005 OKS Start Otwock     | MZ    | 21.51 |  |  |
| 5 CHMIEL Jakub           | 08.02.2001 AZS UMCS Lublin      | LU    | 21.60 |  |  |
| 6 ALI Ali Ahmed          | 12.08.2005 SAUDI ARABIA         |       | 21.81 |  |  |
| 7 AYDINER Denzel         | 23.12.2006 OŚ AZS Poznań        | WP    | 22.17 |  |  |

|              |                       |                                      |       |            |
|--------------|-----------------------|--------------------------------------|-------|------------|
| Bieg 2/ 4    |                       | +0.6 M/S                             | 19:12 |            |
| 1            | KOŁODZIEJ Kacper      | 18.04.2005 MKL Toruń                 | KP    | 22.41      |
| 2            | KUREK Maciej          | 25.07.1994 KS Sprintwarsaw           | MZ    | 22.46      |
| 3            | TRĄBIŃSKI Nataniel    | 02.11.2005 KS AZS UWM Olsztyn        | WN    | 22.72      |
| 4            | MENDEL Stefan         | 05.03.2008 AZS UMCS Lublin           | LU    | 22.79      |
| 5            | DEMSKI Sebastian      | 02.11.1991 KS Sprintwarsaw           | MZ    | 23.11      |
| 6            | MADRAK Marcin         | 25.12.2006 KS Sprint Bielsko-Biała   | SL    | 23.24      |
| 7            | MILLER Tomasz         | 07.02.2006 AZS Łódź                  | LD    | 23.64      |
| Bieg 3/ 4    |                       | +0.6 M/S                             | 19:16 |            |
| 1            | DOBEK Paweł           | 12.12.1987 KS Sprintwarsaw           | MZ    | 23.13      |
| 2            | ABRAMOWICZ Franciszek | 23.12.2007 MKS Juwenia Białystok     | PD    | 23.19      |
| 3            | ZEMBRZUSKI Antoni     | 22.09.2008 UKS LA Basket Warszawa    | MZ    | 23.68      |
| 4            | IDZIK Wiktor          | 16.02.2006 AZS UMCS Lublin           | LU    | 23.81      |
| 5            | SKRZYŃSKI Piotr       | 08.10.1967 W-MKLAM Olsztyn           | WN    | 24.40      |
| 6            | SZTABNIK Mateusz      | 08.12.2000 KS Sprintwarsaw           | MZ    | 24.60      |
| 7            | BIŃCZYK Jarosław      | 18.01.1966 W-MKLAM Olsztyn           | WN    | 26.31      |
| Bieg 4/ 4    |                       | +0.8 M/S                             | 19:19 |            |
| 1            | HAZAZI Meshal         | 12.02.2008 SAUDI ARABIA              |       | 21.84      |
| 2            | WOŚKO Mateusz         | 20.04.2008 UKS Czempion Bełchatów    | LD    | 23.35      |
| 3            | ZIUŁKOWSKI Piotr      | 20.02.2006 AKL Ursynów Warszawa      | MZ    | 23.42      |
| 4            | DUBIEL Adam           | 12.01.1979 KS AZS AWF Warszawa       | MZ    | 24.48      |
| 5            | GRABKOWSKI Piotr      | 02.01.1995 KS Sprinterzy.com Kraków  | MA    | 24.71      |
| 6            | ANDRZEJCZAK Marcelli  | 18.08.2009 UKS Vis Skierniewice      | LD    | 25.40      |
| 7            | RASZYK Patryk         | 23.11.2010 RK Athletics Warszawa     | MZ    | 28.14      |
| 300 metrów M |                       |                                      |       |            |
| Bieg 1/ 1    |                       |                                      | 19:34 |            |
| 1            | IDZIK Wiktor          | 16.02.2006 AZS UMCS Lublin           | LU    | 38.67      |
| 2            | CZYŻ Jacek            | 05.02.2010 MKS Bank BS Płońsk        | MZ    | 40.12      |
| 3            | SIEJKA Mariusz        | 23.03.1977 KS Sprintwarsaw           | MZ    | 40.47      |
|              | HOROSZKO Rafał        | 07.08.2008 UKS LA Basket Warszawa    | MZ    | DNF        |
| 400 metrów M |                       |                                      |       |            |
| Bieg 1/ 4    |                       |                                      | 19:58 |            |
| 1            | RAMESZ Rajesh         | 28.03.1999 INDIA                     |       | 45.54 SB   |
| 2            | ZALEWSKI Karol        | 07.08.1993 KS AZS UWM Olsztyn        | WN    | 45.59 SB   |
| 3            | AJMAL Muhammed        | 05.06.1998 INDIA                     |       | 45.69      |
| 4            | YAHIIYA Muhammed      | 17.09.1994 INDIA                     |       | 45.93      |
| 5            | JACOB Amoi            | 02.05.1998 INDIA                     |       | 46.00      |
| 6            | DUSZYŃSKI Kajetan     | 12.05.1995 AZS Łódź                  | LD    | 46.16 SB   |
| 7            | KURIAN Mijo           | 16.07.1995 INDIA                     |       | 46.52      |
| 8            | KUMAR Santhosh        | 01.01.1998 INDIA                     |       | 46.68      |
| Bieg 2/ 4    |                       |                                      | 20:02 |            |
| 1            | WÓJCIAK Adrian        | 11.07.2005 UMLKS Pegaz Opoczno       | LD    | 47.58 PB   |
| 2            | AL SUBAIE Musaad      | 20.02.2008 SAUDI ARABIA              |       | 48.44      |
| 3            | GRÓŃSKI Oskar         | 03.03.2003 AZS UMCS Lublin           | LU    | 49.29      |
| 4            | KAZIMIERCZYK Mateusz  | 03.11.2006 KS AZS UWM Olsztyn        | WN    | 49.88      |
| 5            | JABŁOŃSKI Hubert      | 16.06.2006 MKS Aleksandrów Łódzki    | LD    | 49.96      |
| 6            | ABDULBAQI Abaas       | 01.01.2000 SAUDI ARABIA              |       | 51.11      |
| 7            | STAŃCZUK Jan          | 02.08.2005 UKS Młodzik Warszawa      | MZ    | 51.36      |
| Bieg 3/ 4    |                       |                                      | 20:06 |            |
| 1            | MICHALAK Sebastian    | 04.01.2004 KS AZS UWM Olsztyn        | WN    | 49.01      |
| 2            | AL MUWALLAD Ali Ahmad | 22.10.2005 SAUDI ARABIA              |       | 50.17      |
| 3            | SZYMAŃSKI Daniel      | 22.05.2005 UMLKS Pegaz Opoczno       | LD    | 50.94      |
| 4            | KOŚMIDER Dawid        | 15.12.2006 CWZS Zawisza Bydgoszcz SL | KP    | 50.95      |
| 5            | BAZANIAK Bartek       | 18.03.2005 UMLKS Pegaz Opoczno       | LD    | 51.29      |
| 6            | SZYMAŃSKI Filip       | 18.03.2005 AKL Ursynów Warszawa      | MZ    | 52.02      |
| 7            | SOBIECH Jakub         | 02.03.1990 KS Sprintwarsaw           | MZ    | 55.15      |
|              | SKROBIŃSKI Arkadiusz  | 01.10.2000 KS Sprintwarsaw           | MZ    | DNF        |
| Bieg 4/ 4    |                       |                                      | 20:10 |            |
| 1            | KĘPSKI Mateusz        | 06.03.2008 UMLKS Pegaz Opoczno       | LD    | 52.01      |
| 2            | ZAWICKI Arkadiusz     | 25.11.2006 UKS Czwórka Ostrowiec Św. | SK    | 52.20      |
| 3            | ŁOZA Dawid            | 13.07.1998 KS AZS AWF Warszawa       | MZ    | 54.00      |
| 4            | KUC Kacper            | 05.05.2005 KS AZS UWM Olsztyn        | WN    | 54.45      |
| 5            | BIADAŁA Szymon        | 04.01.2003 SKLA Sopot                | PM    | 55.53      |
| 6            | PIETRZAK Kamil        | 08.03.2005 SKLA Sopot                | PM    | 56.04      |
| 7            | KARDA Sebastian       | 09.10.2009 UKS LA Basket Warszawa    | MZ    | 59.26      |
| 600 metrów M |                       |                                      |       |            |
| Bieg 1/ 1    |                       |                                      | 19:24 |            |
| 1            | BORKOWSKI Mateusz     | 02.04.1997 KS AZS AWF Warszawa       | MZ    | 1:15.28 PB |
| 2            | SKROBIŃSKI Arkadiusz  | 01.10.2000 KS Sprintwarsaw           | MZ    | 1:25.37 SB |
| 3            | PIOTROWSKI Andrzej    | 07.05.1973 MKS Polonia Warszawa      | MZ    | 1:28.93    |
| 4            | RÓG Jakub             | 21.02.2009 GKS Wilga Garwolin        | MZ    | 1:38.07    |
|              | MAKOWSKI Mateusz      | 05.08.2004 KS AZS AWF Warszawa       | MZ    | DNF        |
|              | ADAMCZEWSKI Dominik   | 10.05.2001 KS AZS AWF Warszawa       | MZ    | DNF        |

## 800 metrów mężczyzn

Bieg 1/ 2

18:08

|   |                    |            |                        |    |         |
|---|--------------------|------------|------------------------|----|---------|
| 1 | ROZKYDALEK Richard | 09.05.2005 | CZECH REPUBLIC         |    | 1:53.21 |
| 2 | KUCHARSKI Bartosz  | 20.11.2000 | SRS Kondycja Piaseczno | MZ | 1:53.94 |
| 3 | ROMANIUK Daniel    | 10.10.2001 | MKS Polonia Warszawa   | MZ | 1:54.00 |
| 4 | PEC Adrian         | 28.04.2003 | SRS Kondycja Piaseczno | MZ | 1:55.54 |
| 5 | NOWAKOWSKI Igor    | 21.04.2005 | LKS Osuchów            | MZ | 1:59.85 |
| 6 | NOWAKOWSKI Adam    | 14.07.2005 | PTT Delta Plock        | MZ | 2:10.35 |
|   | RYBAKOWSKI Michał  | 30.08.2000 | MKS Polonia Warszawa   | MZ | DNF     |

Bieg 2/ 2

18:08

|   |                         |            |                          |    |         |
|---|-------------------------|------------|--------------------------|----|---------|
| 1 | BOROWIEC Michał         | 02.08.1985 | TS Start Lublin          | LU | 2:01.23 |
| 2 | WÓJCIK Cezary           | 14.08.2005 | OKS Start Otwock         | MZ | 2:01.95 |
| 3 | GRZEGRZÓŁKA Wojciech    | 22.07.2007 | GKS Wilga Garwolin       | MZ | 2:02.51 |
| 4 | WOJCIECHOWSKI Antonii   | 23.05.2006 | AZS Łódź                 | LD | 2:06.39 |
| 5 | JARECKI Bartosz         | 26.07.2008 | UKS 48 Warszawa          | MZ | 2:06.66 |
| 6 | TAMA-PONIATOWSKI Miłosz | 09.04.2007 | AZS UMCS Lublin          | LU | 2:08.24 |
| 7 | ROLEWICZ Jakub          | 20.12.2006 | KS Lemiesz Team Warszawa | MZ | 2:15.70 |

## 1000 metrów M

Bieg 1/ 1

17:08

|   |                   |            |                      |    |         |    |
|---|-------------------|------------|----------------------|----|---------|----|
| 1 | BARTOŚ Krzysztof  | 17.12.2003 | KS AZS AWF Warszawa  | MZ | 2:31.28 | PB |
| 2 | SKIERKOWSKI Paweł | 13.05.2002 | KS AZS AWF Warszawa  | MZ | 2:36.83 |    |
| 3 | RULKA Igor        | 21.12.2008 | MKS Polonia Warszawa | MZ | 2:42.23 |    |
| 4 | KIEWRA Grzegorz   | 29.10.2009 | KS AZS AWF Warszawa  | MZ | 3:28.45 | PB |

## 1500 metrów mężczyzn

Bieg 1/ 1

20:21

|   |                      |            |                        |    |         |    |
|---|----------------------|------------|------------------------|----|---------|----|
| 1 | ZAWIŚLAK Maksymilian | 17.04.2005 | LKS Omega Kleszczów    | LD | 3:56.12 | PB |
| 2 | JANTA Dawid          | 22.11.2003 | ULKS Talex Borzytuchom | PM | 3:56.42 | PB |
| 3 | JANTA Maciej         | 25.04.2005 | ULKS Talex Borzytuchom | PM | 3:58.08 | PB |
| 4 | SOŁTYSIK Stanisław   | 29.06.2006 | OKS Start Otwock       | MZ | 4:08.88 |    |
| 5 | KURDEJ Jakub         | 15.11.2007 | OKS Start Otwock       | MZ | 4:10.87 | PB |
| 6 | KOWALCZYK Adrian     | 26.07.2003 | AZS Warszawa           | MZ | 4:28.88 |    |
| 7 | SZEMIEL Miłosz       | 24.05.2004 | SKLA Sopot             | PM | 4:50.33 |    |
|   | WRÓBLEWSKI Błażej    | 10.03.2005 | KS Czempion Warszawa   | MZ | DNF     |    |

## 110 metrów pł M U20 (99.1)

FINAŁ

+0.0 M/S

18:31

|   |                     |            |                      |    |       |    |
|---|---------------------|------------|----------------------|----|-------|----|
| 1 | WOŹNIAK Hubert      | 29.09.2005 | MKLA Łęczycza        | LD | 13.92 | PB |
| 2 | ANDRZEJCZAK Ignacy  | 28.09.2006 | UKS Vis Skierniewice | LD | 14.35 |    |
| 3 | ŻACZKIEWICZ Bartosz | 10.08.2006 | UKS Vis Skierniewice | LD | 14.52 |    |
| 4 | HAGAWI Hasan        | 27.07.2008 | SAUDI ARABIA         |    | 15.09 |    |
| 5 | ZŁOCH Aleksander    | 03.09.2006 | KL Gdynia            | PM | 15.26 | PB |
| 6 | KWIATKOWSKI Nikodem | 19.05.2006 | LKS Zantyr Sztum     | PM | 15.92 |    |
| 7 | BŁASZCZYK Wojciech  | 02.10.2006 | UKS 55 Łódź          | LD | 16.05 |    |
| 8 | TABAK Maciej        | 13.10.2006 | SKLA Sopot           | PM | 16.69 |    |

## 110 metrów pł M U20 (99.1)

Bieg 1/ 2

-0.1 M/S

17:34

|   |                     |            |                      |    |       |   |
|---|---------------------|------------|----------------------|----|-------|---|
| 1 | WOŹNIAK Hubert      | 29.09.2005 | MKLA Łęczycza        | LD | 14.22 | q |
| 2 | ANDRZEJCZAK Ignacy  | 28.09.2006 | UKS Vis Skierniewice | LD | 14.53 | q |
| 3 | KWIATKOWSKI Nikodem | 19.05.2006 | LKS Zantyr Sztum     | PM | 14.69 | q |
| 4 | ŻACZKIEWICZ Bartosz | 10.08.2006 | UKS Vis Skierniewice | LD | 14.99 | q |
| 5 | ZŁOCH Aleksander    | 03.09.2006 | KL Gdynia            | PM | 15.78 | q |

Bieg 2/ 2

-0.7 M/S

17:39

|   |                    |            |                   |    |       |   |
|---|--------------------|------------|-------------------|----|-------|---|
| 1 | HAGAWI Hasan       | 27.07.2008 | SAUDI ARABIA      |    | 14.84 | q |
| 2 | BŁASZCZYK Wojciech | 02.10.2006 | UKS 55 Łódź       | LD | 15.92 | q |
| 3 | TABAK Maciej       | 13.10.2006 | SKLA Sopot        | PM | 16.45 | q |
| 4 | RYCZYŃSKI Mikołaj  | 24.11.2005 | LKS Maraton Turek | WP | 16.78 |   |

## 110 m ppł mężczyzn

FINAŁ

-0.7 M/S

18:22

|   |                   |            |                      |    |       |    |
|---|-------------------|------------|----------------------|----|-------|----|
| 1 | ALJUMAH BAGGER    | 07.03.2001 | SAUDI ARABIA         |    | 14.27 | PB |
| 2 | CHUDAK Franciszek | 03.12.2001 | AKL Ursynów Warszawa | MZ | 16.09 |    |
| 3 | DUBIEL Adam       | 12.01.1979 | KS AZS AWF Warszawa  | MZ | 16.25 |    |

## 110 m ppł mężczyzn

Bieg 1/ 1

-1.0 M/S

17:27

|   |                   |            |                      |    |       |   |
|---|-------------------|------------|----------------------|----|-------|---|
| 1 | ALJUMAH BAGGER    | 07.03.2001 | SAUDI ARABIA         |    | 14.52 | q |
| 2 | CHUDAK Franciszek | 03.12.2001 | AKL Ursynów Warszawa | MZ | 15.90 | q |
| 3 | DUBIEL Adam       | 12.01.1979 | KS AZS AWF Warszawa  | MZ | 16.17 | q |

## 400 m ppł mężczyzn

## Bieg 1/ 2

15:59

|   |                    |            |                      |    |         |    |
|---|--------------------|------------|----------------------|----|---------|----|
| 1 | BAŃKA Łukasz       | 18.04.2003 | AZS UMCS Lublin      | LU | 53.15   | SB |
| 2 | GOŁĘBIEWSKI Jan    | 04.11.2005 | UKS Vis Skierniewice | LD | 54.40   | SB |
| 3 | SOBURA-DURMA Jakub | 28.02.2002 | KKL Kielce           | SK | 55.13   |    |
| 4 | DAOUD Omar         | 26.02.2002 | JORDAN               |    | 56.32   |    |
| 5 | KIENIGSMAN Jakub   | 08.01.2006 | MKL Jurand Szczytno  | WN | 56.70   |    |
| 6 | FILAR Igor         | 25.03.2004 | OŚ AZS Poznań        | WP | 1:05.61 |    |

## Bieg 2/ 2

16:06

|   |                   |            |                        |    |         |  |
|---|-------------------|------------|------------------------|----|---------|--|
| 1 | ALRUMAYH Ali      | 19.09.2007 | SAUDI ARABIA           |    | 52.51   |  |
| 2 | ALSUBAIE Naif     | 28.06.2007 | SAUDI ARABIA           |    | 53.32   |  |
| 3 | KAABI Nawaf Majed | 07.07.2005 | SAUDI ARABIA           |    | 55.03   |  |
| 4 | WRONKA Kacper     | 06.03.2006 | UKS LA Basket Warszawa | MZ | 1:00.96 |  |
| 5 | BRODOWSKI Sasha   | 12.02.2005 | LUKS Hańcza Suwałki    | PD | 1:03.86 |  |

## 4x100 metrów M U16

## Bieg 1/ 1

16:20

|    |                     |            |                      |    |    |    |
|----|---------------------|------------|----------------------|----|----|----|
|    |                     |            | UKS Vis Skierniewice | LD | DQ | TR |
| 61 | Jan KRUPA           | 01.02.2006 |                      |    |    |    |
| 65 | Jan GOŁĘBIEWSKI     | 04.11.2005 |                      |    |    |    |
| 67 | Ignacy ANDRZEJCZAK  | 28.09.2006 |                      |    |    |    |
| 64 | Bartosz ŻACZKIEWICZ | 10.08.2006 |                      |    |    |    |

## Pchnięcie kulą M (7.26kg)

## FINAŁ

17:52

|   |                 |            |                    |       |       |       |       |
|---|-----------------|------------|--------------------|-------|-------|-------|-------|
| 1 | KOMINEK Andrzej | 08.11.1982 | KS AZS AWF Wrocław | DS    | 13.28 | SB    |       |
|   |                 | I          | II                 | III   | IV    | V     | VI    |
|   | KOMINEK Andrzej | 13.15      | x                  | 13.13 | x     | 13.28 | 12.81 |

## Pchnięcie kulą M U20 (6kg)

## FINAŁ

17:52

|   |                    |            |                      |    |       |  |
|---|--------------------|------------|----------------------|----|-------|--|
| 1 | NAJI BIN ALI Bader | 21.08.2005 | SAUDI ARABIA         |    | 17.80 |  |
| 2 | SIKORA Wiktor      | 24.07.2005 | GKS Wilga Garwolin   | MZ | 13.29 |  |
| 3 | PADJAS Michał      | 06.05.2005 | KS Czempion Warszawa | MZ | 13.03 |  |
| 4 | KRUKOWSKI Igor     | 25.06.2006 | AKL Ursynów Warszawa | MZ | 11.12 |  |

|                    |       |    |     |    |       |    |
|--------------------|-------|----|-----|----|-------|----|
| NAJI BIN ALI Bader | I     | II | III | IV | V     | VI |
|                    | 17.80 | x  | x   | x  | 17.43 | x  |

|               |       |   |   |       |       |       |
|---------------|-------|---|---|-------|-------|-------|
| SIKORA Wiktor | 12.66 | x | x | 13.29 | 13.23 | 12.80 |
|---------------|-------|---|---|-------|-------|-------|

|               |       |       |   |   |   |   |
|---------------|-------|-------|---|---|---|---|
| PADJAS Michał | 11.96 | 13.03 | x | x | x | x |
|---------------|-------|-------|---|---|---|---|

|                |      |       |       |   |       |   |
|----------------|------|-------|-------|---|-------|---|
| KRUKOWSKI Igor | 9.54 | 10.73 | 11.12 | x | 10.54 | x |
|----------------|------|-------|-------|---|-------|---|

## Pchnięcie kulą M U18 (5kg)

## FINAŁ

17:52

|   |                      |            |                    |    |       |  |
|---|----------------------|------------|--------------------|----|-------|--|
| 1 | STĘPIEŃ Marcin       | 10.03.2007 | MKL Toruń          | KP | 16.58 |  |
| 2 | ALMIDRAMAH Ahmad     | 08.05.2008 | SAUDI ARABIA       |    | 14.13 |  |
| 3 | ABDULBAQI Abaas      | 01.01.2000 | SAUDI ARABIA       |    | 11.48 |  |
| 4 | ALHAMDAN Mujtaba     | 19.11.2007 | SAUDI ARABIA       |    | 10.74 |  |
|   | WODZYŃSKI Przemysław | 16.10.2008 | MKS Bank BS Płońsk | MZ | NM    |  |

|                |       |       |       |       |   |       |
|----------------|-------|-------|-------|-------|---|-------|
| STĘPIEŃ Marcin | I     | II    | III   | IV    | V | VI    |
|                | 15.85 | 15.85 | 16.11 | 16.58 | x | 16.40 |

|                  |       |       |       |       |       |   |
|------------------|-------|-------|-------|-------|-------|---|
| ALMIDRAMAH Ahmad | 14.13 | 14.00 | 13.83 | 13.76 | 12.86 | x |
|------------------|-------|-------|-------|-------|-------|---|

|                 |       |       |   |       |       |       |
|-----------------|-------|-------|---|-------|-------|-------|
| ABDULBAQI Abaas | 10.60 | 10.93 | x | 11.25 | 11.48 | 11.23 |
|-----------------|-------|-------|---|-------|-------|-------|

|                  |   |   |   |   |       |       |
|------------------|---|---|---|---|-------|-------|
| ALHAMDAN Mujtaba | x | x | x | x | 10.66 | 10.74 |
|------------------|---|---|---|---|-------|-------|

|                      |   |   |   |   |   |  |
|----------------------|---|---|---|---|---|--|
| WODZYŃSKI Przemysław | x | x | x | x | r |  |
|----------------------|---|---|---|---|---|--|

## Rzut oszczepem M U18 (700)

## FINAŁ

17:10

|   |                 |            |                 |    |       |  |
|---|-----------------|------------|-----------------|----|-------|--|
| 1 | SZYKUT Mateusz  | 25.09.2008 | KS Wisła Puławy | LU | 54.11 |  |
| 2 | ALBISHI Zayed   | 27.03.2008 | SAUDI ARABIA    |    | 50.67 |  |
| 3 | ALOSAIMI MUSAAD | 28.10.2008 | SAUDI ARABIA    |    | 48.60 |  |
| 4 | GAJDA Jakub     | 25.05.2008 | RLTL GGG Radom  | MZ | 47.43 |  |

|                |   |    |       |       |   |       |
|----------------|---|----|-------|-------|---|-------|
| SZYKUT Mateusz | I | II | III   | IV    | V | VI    |
|                | x | x  | 53.67 | 54.11 | x | 53.41 |

|               |       |       |       |   |       |       |
|---------------|-------|-------|-------|---|-------|-------|
| ALBISHI Zayed | 48.43 | 50.66 | 50.67 | x | 49.99 | 47.85 |
|---------------|-------|-------|-------|---|-------|-------|

|                 |       |       |   |       |   |       |
|-----------------|-------|-------|---|-------|---|-------|
| ALOSAIMI MUSAAD | 44.72 | 46.78 | x | 47.71 | x | 48.60 |
|-----------------|-------|-------|---|-------|---|-------|

GAJDA Jakub 47.43 44.96 x x x x

Rzut oszczepem M (800)

FINAŁ

18:30

|    |                     |            |                       |  |  |  |  |    |  |       |
|----|---------------------|------------|-----------------------|--|--|--|--|----|--|-------|
| 1  | ABDULLGHANI Ali     | 06.05.1995 | SAUDI ARABIA          |  |  |  |  |    |  | 70.24 |
| 2  | KWAŚNIEWSKI Mateusz | 16.07.1995 | AZS UMCS Lublin       |  |  |  |  | LU |  | 69.15 |
| 3  | SUMIŃSKI Wojciech   | 14.01.1994 | KS AZS AWF Warszawa   |  |  |  |  | MZ |  | 61.66 |
| 4  | GIEREK Rafał        | 24.02.1996 | KS AZS AWF Warszawa   |  |  |  |  | MZ |  | 58.07 |
| 5  | WOJNA Aleksander    | 25.10.2007 | KS Podlasie Białystok |  |  |  |  | PD |  | 57.15 |
| 6  | MALHI Samarjeet     | 07.11.1988 | INDIA                 |  |  |  |  |    |  | 56.20 |
| 7  | POMALEIKO Nikita    | 29.11.2004 | AKL Ursynów Warszawa  |  |  |  |  | MZ |  | 53.84 |
| 8  | FALIŃSKI Filip      | 23.08.2003 | RLTL GGG Radom        |  |  |  |  | MZ |  | 50.77 |
| 9  | RESIAK Paweł        | 16.11.2005 | AKL Ursynów Warszawa  |  |  |  |  | MZ |  | 42.67 |
| 10 | WŁODARSKI Filip     | 22.08.2002 | AKL Ursynów Warszawa  |  |  |  |  | MZ |  | 38.39 |

|                     | I     | II    | III   | IV    | V     | VI    |
|---------------------|-------|-------|-------|-------|-------|-------|
| ABDULLGHANI Ali     | 65.98 | 70.24 | 65.97 | 66.32 | 66.74 | x     |
| KWAŚNIEWSKI Mateusz | 64.06 | x     | 69.15 | x     | 67.11 | 64.53 |
| SUMIŃSKI Wojciech   | 60.05 | x     | 61.66 | x     | x     | 59.83 |
| GIEREK Rafał        | 49.30 | 50.33 | 56.91 | 54.45 | 58.07 | x     |
| WOJNA Aleksander    | x     | 56.75 | 55.58 | 57.15 | x     | r     |
| MALHI Samarjeet     | x     | 56.20 | x     | x     | x     | x     |
| POMALEIKO Nikita    | 51.03 | 53.84 | x     | 50.77 | x     | x     |
| FALIŃSKI Filip      | 49.77 | 50.57 | 50.01 | 50.77 | x     | x     |
| RESIAK Paweł        | 42.67 | 40.40 | 41.33 | 40.87 | 42.65 | 41.53 |
| WŁODARSKI Filip     | 38.39 | x     | 32.37 | 34.91 | 36.88 | 34.75 |

Rzut dyskiem M U20 (1.75kg)

FINAŁ

19:25

|   |                |            |                      |  |  |  |  |    |  |       |
|---|----------------|------------|----------------------|--|--|--|--|----|--|-------|
| 1 | SIKORA Wiktor  | 24.07.2005 | GKS Wilga Garwolin   |  |  |  |  | MZ |  | 49.01 |
| 2 | KRUKOWSKI Igor | 25.06.2006 | AKL Ursynów Warszawa |  |  |  |  | MZ |  | 39.95 |
| 3 | PADJAS Michał  | 06.05.2005 | KS Czempion Warszawa |  |  |  |  | MZ |  | 32.80 |

|                | I     | II    | III   | IV    | V     | VI    |
|----------------|-------|-------|-------|-------|-------|-------|
| SIKORA Wiktor  | x     | 48.85 | 49.01 | 46.72 | x     | 47.19 |
| KRUKOWSKI Igor | 36.85 | 38.88 | 39.42 | x     | 39.95 | 38.20 |
| PADJAS Michał  | 30.66 | x     | 30.16 | 28.28 | 22.81 | 32.80 |

Rzut dyskiem M U18 (1.5kg)

FINAŁ

19:25

|   |                      |            |                    |  |  |  |  |    |  |       |
|---|----------------------|------------|--------------------|--|--|--|--|----|--|-------|
| 1 | ALSUBAEI Mohammed    | 26.03.2009 | SAUDI ARABIA       |  |  |  |  |    |  | 44.13 |
| 2 | WODZYŃSKI Przemysław | 16.10.2008 | MKS Bank BS Płońsk |  |  |  |  | MZ |  | 43.36 |
| 3 | ALHAMDAN Mujtaba     | 19.11.2007 | SAUDI ARABIA       |  |  |  |  |    |  | 34.73 |

|                      | I     | II    | III   | IV    | V     | VI    |
|----------------------|-------|-------|-------|-------|-------|-------|
| ALSUBAEI Mohammed    | 44.13 | 43.50 | 41.96 | 43.29 | 40.42 | 41.57 |
| WODZYŃSKI Przemysław | x     | x     | 33.21 | 43.36 | x     | x     |
| ALHAMDAN Mujtaba     | x     | 34.25 | 34.73 | 26.75 | x     | 34.63 |

Rzut dyskiem M (2kg)

FINAŁ

19:25

|   |                 |            |                    |  |  |  |  |    |  |       |    |
|---|-----------------|------------|--------------------|--|--|--|--|----|--|-------|----|
| 1 | KOMINEK Andrzej | 08.11.1982 | KS AZS AWF Wrocław |  |  |  |  | DS |  | 43.90 | SB |
| 2 | ZIELONKA Adam   | 20.10.2001 | KS Wisła Puławy    |  |  |  |  | LU |  | 35.50 |    |

|                 | I     | II    | III   | IV    | V     | VI    |
|-----------------|-------|-------|-------|-------|-------|-------|
| KOMINEK Andrzej | 40.76 | 43.90 | 42.47 | 41.74 | 43.38 | 43.17 |
| ZIELONKA Adam   | 32.55 | 35.50 | 35.42 | x     | 35.43 | 35.21 |

Skok wzwyż M

FINAŁ

17:20

|   |                    |            |                            |  |  |  |  |    |  |      |    |
|---|--------------------|------------|----------------------------|--|--|--|--|----|--|------|----|
| 1 | MIELCZAREK Bartosz | 11.05.2006 | MKL Toruń                  |  |  |  |  | KP |  | 1.90 |    |
| 2 | BRYL Kacper        | 16.01.1988 | MKS Zduńska Wola           |  |  |  |  | LD |  | 1.90 | SB |
| 3 | KASPRZAK Andrzej   | 07.11.1986 | KS Lemiesz Team Warszawa   |  |  |  |  | MZ |  | 1.87 | SB |
| 4 | DAŁEK Piotr        | 06.07.2009 | UKS Błyskawica Domaniewice |  |  |  |  | LD |  | 1.82 | PB |

|                     |            |                  |    |      |    |
|---------------------|------------|------------------|----|------|----|
| 5 ZIĘCINA Konstanty | 03.09.2010 | WLKS Nowe Iganie | MZ | 1.62 | PB |
| 6 BOBRZYK Stanisław | 16.02.2011 | TS Start Lublin  | LU | 1.52 |    |

Rzut młotem M U20 (6kg)

|                        |            |                      |    |       |  |       |  |  |
|------------------------|------------|----------------------|----|-------|--|-------|--|--|
| FINAŁ                  |            |                      |    |       |  | 18:18 |  |  |
| 1 GROENWALD Szymon     | 09.06.2005 | KS AZS AWF Warszawa  | MZ | 70.52 |  | SB    |  |  |
| 2 ABDELRAHMAN Ibrahim  | 01.01.2007 | QATAR                |    | 67.17 |  |       |  |  |
| 3 PRACHARCZYK Jakub    | 19.07.2005 | OKS Skra Warszawa    | MZ | 66.51 |  |       |  |  |
| 4 WALCZAK Mariusz      | 27.02.1971 | KS AZS AWF Warszawa  | MZ | 65.11 |  | SB    |  |  |
| 5 MICHALSKI Bartłomiej | 12.05.2007 | LKS Vectra Włocławek | KP | 59.10 |  |       |  |  |
| 6 OLSZOWY Eryk         | 15.01.2006 | KS Wisła Puławy      | LU | 46.63 |  |       |  |  |

|                      |       |       |       |       |       |       |
|----------------------|-------|-------|-------|-------|-------|-------|
|                      | I     | II    | III   | IV    | V     | VI    |
| GROENWALD Szymon     | 70.48 | 68.24 | 70.52 | 66.90 | 69.58 | 69.91 |
| ABDELRAHMAN Ibrahim  | 65.03 | 65.65 | 67.17 | 65.56 | 66.13 | 63.06 |
| PRACHARCZYK Jakub    | 60.27 | 66.51 | 65.77 | x     | 65.39 | x     |
| WALCZAK Mariusz      | x     | 56.98 | 63.30 | 63.10 | 64.91 | 65.11 |
| MICHALSKI Bartłomiej | 55.23 | 58.07 | 59.10 | 56.03 | 55.85 | x     |
| OLSZOWY Eryk         | x     | x     | x     | x     | 46.63 | x     |

Rzut młotem M U18 (5kg)

|                       |            |                   |    |  |  |       |    |  |
|-----------------------|------------|-------------------|----|--|--|-------|----|--|
| FINAŁ                 |            |                   |    |  |  | 16:40 |    |  |
| 1 ABDELRAHMAN Ibrahim | 01.01.2007 | QATAR             |    |  |  | 73.87 |    |  |
| 2 ALZAYER Mohammed    | 21.09.2008 | SAUDI ARABIA      |    |  |  | 68.55 | SB |  |
| 3 SZYKUT Mateusz      | 25.09.2008 | KS Wisła Puławy   | LU |  |  | 52.39 |    |  |
| 4 RUSIECKI Patryk     | 14.12.2007 | KS Wisła Puławy   | LU |  |  | 47.14 |    |  |
| 5 LEVI Charles        | 30.01.1957 | OKS Skra Warszawa | MZ |  |  | 30.34 |    |  |

|                     |       |       |       |       |       |       |
|---------------------|-------|-------|-------|-------|-------|-------|
|                     | I     | II    | III   | IV    | V     | VI    |
| ABDELRAHMAN Ibrahim | 73.87 | x     | 73.78 | 72.91 | 72.74 | 73.20 |
| ALZAYER Mohammed    | 66.67 | 68.55 | x     | 66.12 | 65.66 | 66.37 |
| SZYKUT Mateusz      | 47.83 | 52.39 | x     | x     | 51.16 | x     |
| RUSIECKI Patryk     | 47.14 | x     | x     | x     | x     | x     |
| LEVI Charles        | x     | 28.59 | 30.34 | x     | x     | x     |

Rzut młotem M (7.26kg)

|                    |            |                    |    |       |  |       |  |  |
|--------------------|------------|--------------------|----|-------|--|-------|--|--|
| FINAŁ              |            |                    |    |       |  | 18:18 |  |  |
| 1 KOWALSKI Bartosz | 11.05.1999 | KS AZS AWF Wrocław | DS | 66.92 |  |       |  |  |
| 2 ZIELONKA Adam    | 20.10.2001 | KS Wisła Puławy    | LU | 63.82 |  | PB    |  |  |
| 3 ALAITHAN Aws     | 29.07.2000 | SAUDI ARABIA       |    | 62.52 |  |       |  |  |
| 4 ALZAYER MOHAMMED | 17.03.2002 | SAUDI ARABIA       |    | 61.09 |  |       |  |  |

|                  |       |       |       |       |       |       |
|------------------|-------|-------|-------|-------|-------|-------|
|                  | I     | II    | III   | IV    | V     | VI    |
| KOWALSKI Bartosz | 64.78 | 66.65 | 66.92 | 66.88 | x     | 61.57 |
| ZIELONKA Adam    | 63.82 | x     | x     | x     | 58.40 | x     |
| ALAITHAN Aws     | 56.87 | x     | 59.80 | 62.52 | 61.90 | x     |
| ALZAYER MOHAMMED | 58.85 | 59.32 | 59.55 | 59.85 | 60.20 | 61.09 |

Skok o tyczce M

|                        |            |                     |    |      |  |       |  |  |
|------------------------|------------|---------------------|----|------|--|-------|--|--|
| FINAŁ                  |            |                     |    |      |  | 19:45 |  |  |
| 1 ALGASSAB Ali         | 05.05.2005 | SAUDI ARABIA        |    |      |  | 4.66  |  |  |
| 3 MATEUSZUK Franciszek | 14.11.2007 | KS AZS AWF Warszawa | MZ | 3.20 |  | PB    |  |  |
| 4 SADUŁA Piotr         | 15.11.2007 | KS AZS AWF Warszawa | MZ | 2.80 |  | PB    |  |  |
| 5 DUDKA Filip          | 31.08.2006 | MKLA Łęczyca        | LD | 2.20 |  |       |  |  |
| NAWROCKI Jakub         | 04.04.2005 | MKLA Łęczyca        | LD | NM   |  |       |  |  |

Skok w dal M

|                     |            |                          |    |      |  |       |      |  |
|---------------------|------------|--------------------------|----|------|--|-------|------|--|
| FINAŁ               |            |                          |    |      |  | 19:15 |      |  |
| 1 PTASIEWICZ Jakub  | 17.09.2005 | MKS Bank BS Płońsk       | MZ | 7.46 |  |       | 0.2  |  |
| 2 GAWENDA Michał    | 15.06.2005 | KS Warszawianka W-wa     | MZ | 6.64 |  | PB    | 0.5  |  |
| 3 PROĆ Wiktor       | 01.03.2006 | TS Start Lublin          | LU | 6.56 |  |       | 0.4  |  |
| 4 BANACH Aleksander | 30.05.2009 | KS Prefbet-Sonarol Łomża | PD | 6.24 |  |       | 1.2  |  |
| 5 WÓJTOWICZ Ignacy  | 09.08.2006 | TS Start Lublin          | LU | 5.88 |  |       | 1.5  |  |
| 6 ABDULBAQI Abaas   | 01.01.2000 | SAUDI ARABIA             |    | 5.65 |  |       | 0.4  |  |
| 7 MINKLEJ Adrian    | 04.03.2005 | MKL Toruń                | KP | 5.59 |  |       | -0.1 |  |
| 8 BOBRZYK Stanisław | 16.02.2011 | TS Start Lublin          | LU | 4.80 |  | PB    | 0.9  |  |
| 9 RASZYK Patryk     | 23.11.2010 | RK Athletics Warszawa    | MZ | 4.57 |  |       | 0.8  |  |

|                   | I    | II   | III  | IV   | V    | VI   |
|-------------------|------|------|------|------|------|------|
| PTASIEWICZ Jakub  | 7.03 | 7.09 | 2.48 | 7.20 | 7.46 | 6.36 |
|                   | -1.5 | -1.4 | 1.6  | 0.8  | 0.2  | 1.1  |
| GAWENDA Michał    | 6.64 | 6.35 | 4.78 | 6.31 | 6.49 | 6.34 |
|                   | 0.5  | -1.0 | -2.0 | 0.2  | 0.4  | 0.9  |
| PROĆ Wiktor       | 2.76 | 6.17 | 6.54 | 6.45 | 6.53 | 6.56 |
|                   | -0.7 | -0.5 | 1.3  | 0.8  | 1.3  | 0.4  |
| BANACH Aleksander | 6.13 | x    | x    | 5.99 | x    | 6.24 |
|                   | 0.5  |      |      | -0.1 |      | 1.2  |
| WÓJTOWICZ Ignacy  | 5.56 | 5.25 | 5.42 | 5.55 | 5.59 | 5.88 |
|                   | -0.6 | -0.1 | 0.2  | 0.6  | 0.2  | 1.5  |
| ABDULBAQI Abaas   | 5.34 | x    | 5.22 | 5.33 | 5.65 | 5.50 |
|                   | 0.2  | -0.6 | -0.7 | 1.9  | 0.4  | 0.8  |
| MINKLEJ Adrian    | 5.59 | 4.83 | x    | 4.76 | x    | x    |
|                   | -0.1 | 0.2  |      | 0.0  |      |      |
| BOBRZYK Stanisław | 4.42 | 4.59 | 4.44 | 4.80 | 4.39 | 4.43 |
|                   | -1.7 | -1.5 | 1.2  | 0.9  | 1.5  | 0.2  |
| RASZYK Patryk     | 2.65 | 3.25 | 4.57 |      |      |      |
|                   | -1.1 | -0.3 | 0.8  |      |      |      |

Trójsek M

| FINAŁ |                   | 17:00                               |    |       |
|-------|-------------------|-------------------------------------|----|-------|
| 1     | ALNASFAN Ali      | 01.03.2006 SAUDI ARABIA             |    | 14.86 |
| 2     | SOBORA Łukasz     | 23.11.1978 KS Lemiesz Team Warszawa | MZ | 13.80 |
| 3     | WALECKI Jakub     | 20.08.2005 WLKS Nowe Iganie         | MZ | 13.44 |
| 4     | KWIATKOWSKI Filip | 27.04.2006 MKS Bank BS Płońsk       | MZ | 12.54 |
|       |                   |                                     |    | 0.6   |
|       |                   |                                     |    | -1.0  |
|       |                   |                                     |    | 0.4   |
|       |                   |                                     |    | 0.8   |

|                   | I     | II    | III   | IV    | V     | VI    |
|-------------------|-------|-------|-------|-------|-------|-------|
| ALNASFAN Ali      | 14.86 | 14.57 | 14.70 | 14.52 | 14.74 | 14.49 |
|                   | 0.6   | 1.0   | -0.9  | -0.4  | -0.7  | -2.7  |
| SOBORA Łukasz     | 13.27 | 13.49 | 13.71 | x     | 13.66 | 13.80 |
|                   | 0.7   | 1.5   | 0.0   | 1.0   | -0.7  | -1.0  |
| WALECKI Jakub     | 13.44 | 13.24 | r     |       |       |       |
|                   | 0.4   | -0.4  |       |       |       |       |
| KWIATKOWSKI Filip | 12.02 | 12.29 | 12.54 | r     |       |       |
|                   | 0.7   | 0.4   | 0.8   |       |       |       |

KOBIETY/WOMEN

100 metrów K

| FINAŁ A | -0.2 M/S             | 17:52                               |    |       |
|---------|----------------------|-------------------------------------|----|-------|
| 1       | WÓJTOWICZ Emilia     | 13.10.2003 AZS UMCS Lublin          | LU | 11.95 |
| 2       | OBAREK Anastazja     | 11.09.2005 LKS Maraton Turek        | WP | 12.45 |
| 3       | WROTEK Hanna         | 12.01.2008 OKS Skra Warszawa        | MZ | 12.51 |
| 4       | KOPYŁEK Aleksandra   | 17.04.2008 AZS-AWFiS Gdańsk         | PM | 12.57 |
| 5       | KACZKOWSKA Martyna   | 24.09.2006 AZS-AWFiS Gdańsk         | PM | 12.71 |
| 6       | MAŁKIEWICZ Oliwia    | 17.01.1997 STS Pomerania Szczecinek | ZP | 12.73 |
| 7       | ANGLART Julianna     | 09.12.2006 UKS Młodzik Warszawa     | MZ | 12.80 |
| FINAŁ B | +0.2 M/S             | 17:48                               |    |       |
| 1       | SMOROŃ Nadia         | 04.03.2005 AZS-AWFiS Gdańsk         | PM | 12.63 |
| 2       | JÓŻWICKA Hanna       | 01.04.2008 OKS Skra Warszawa        | MZ | 12.86 |
| 3       | MOSZCZYŃSKA Alicja   | 18.05.2006 KS AZS UWM Olsztyn       | WN | 13.10 |
| 4       | CHRZEŚCIJANEK Oliwia | 04.10.2006 AZS UMCS Lublin          | LU | 13.11 |
| 5       | LEGIECKA Kamila      | 03.01.2002 KKL Kielce               | SK | 13.15 |
|         | GRZELAK Klaudia      | 26.09.2006 MKL Toruń                | KP | DNS   |
|         | DEFRATYKA Małgorzata | 21.06.1999 KS Sprintwarsaw          | MZ | DNS   |
|         | HERMANOWSKA Zuzanna  | 20.12.2007 UKS LA Basket Warszawa   | MZ | DNS   |

100 metrów K

| Bieg 1/ 5 | -0.2 M/S             | 16:29                               |    |       |
|-----------|----------------------|-------------------------------------|----|-------|
| 1         | WÓJTOWICZ Emilia     | 13.10.2003 AZS UMCS Lublin          | LU | 12.08 |
| 2         | JAROSIŃSKA Maria     | 25.11.2006 MKL Toruń                | KP | 12.20 |
| 3         | WROTEK Hanna         | 12.01.2008 OKS Skra Warszawa        | MZ | 12.45 |
| 4         | OBAREK Anastazja     | 11.09.2005 LKS Maraton Turek        | WP | 12.49 |
| 5         | MAŁKIEWICZ Oliwia    | 17.01.1997 STS Pomerania Szczecinek | ZP | 12.77 |
| 6         | ANGLART Julianna     | 09.12.2006 UKS Młodzik Warszawa     | MZ | 12.82 |
| Bieg 2/ 5 | +0.3 M/S             | 16:37                               |    |       |
| 1         | KOPYŁEK Aleksandra   | 17.04.2008 AZS-AWFiS Gdańsk         | PM | 12.56 |
| 2         | KACZKOWSKA Martyna   | 24.09.2006 AZS-AWFiS Gdańsk         | PM | 12.80 |
| 3         | JÓŻWICKA Hanna       | 01.04.2008 OKS Skra Warszawa        | MZ | 12.91 |
| 4         | CHRZEŚCIJANEK Oliwia | 04.10.2006 AZS UMCS Lublin          | LU | 13.09 |
| 5         | DEFRATYKA Małgorzata | 21.06.1999 KS Sprintwarsaw          | MZ | 13.16 |
| 6         | LEGIECKA Kamila      | 03.01.2002 KKL Kielce               | SK | 13.24 |
| 7         | JELSKA Justyna       | 20.08.1999 KS Podlasie Białystok    | PD | 13.57 |
| Bieg 3/ 5 | -0.4 M/S             | 16:41                               |    |       |
| 1         | MOSZCZYŃSKA Alicja   | 18.05.2006 KS AZS UWM Olsztyn       | WN | 13.12 |
| 2         | GRZELAK Klaudia      | 26.09.2006 MKL Toruń                | KP | 13.39 |
| 3         | HERMANOWSKA Zuzanna  | 20.12.2007 UKS LA Basket Warszawa   | MZ | 13.46 |
| 4         | WIŚNIEWSKA Maja      | 30.05.2011 OKS Skra Warszawa        | MZ | 13.61 |
| 5         | JAKUBIAK Paulina     | 21.06.2007 UKS LA Basket Warszawa   | MZ | 13.65 |

|              |                      |            |                          |       |         |     |
|--------------|----------------------|------------|--------------------------|-------|---------|-----|
| 6            | SZOSTAK Nikola       | 14.02.2006 | UKS LA Basket Warszawa   | MZ    | 13.69   |     |
| 7            | SIROCKA Maria        | 04.08.2002 | KS Sprintwarsaw          | MZ    | 13.72   |     |
| Bieg 4/ 5    |                      | -0.1 M/S   |                          | 16:44 |         |     |
| 1            | BALCERZAK Joanna     | 16.10.1973 | OKS Skra Warszawa        | MZ    | 13.53   | SB  |
| 2            | LUTOMIRSKA Joanna    | 17.12.2010 | UKS Orzełki Warszawa     | MZ    | 14.00   |     |
| 3            | CHOJNOWSKA Helena    | 10.05.2009 | KS AZS UWM Olsztyn       | WN    | 14.09   |     |
| 4            | MASIAK Agnieszka     | 26.07.2007 | AZS UMCS Lublin          | LU    | 14.14   | PB  |
| 5            | KRÓL Maja            | 01.04.2011 | OKS Skra Warszawa        | MZ    | 14.58   |     |
| 6            | SUCHARSKA-CZAPSKA    | 06.03.1974 | KS Lemiesz Team Warszawa | MZ    | 14.83   |     |
| Bieg 5/ 5    |                      | +0.1 M/S   |                          | 16:47 |         |     |
| 1            | SMOROŃ Nadia         | 04.03.2005 | AZS-AWFiS Gdańsk         | PM    | 12.89   | qB  |
| 2            | SZCZEPANIAK Anna     | 03.07.2009 | LKS Maraton Turek        | WP    | 14.58   | PB  |
| 3            | MICHALAK Patrycja    | 13.07.2009 | KS AZS AWF Warszawa      | MZ    | 14.71   |     |
| 4            | BĄCZYŃSKA Zofia      | 24.03.2009 | LKS Maraton Turek        | WP    | 14.80   | =PB |
| 5            | OPAK Beata           | 28.06.1965 | W-MKLAM Olsztyn          | WN    | 15.58   |     |
| 200 metrów K |                      |            |                          |       |         |     |
| Bieg 1/ 5    |                      | +0.5 M/S   |                          | 18:40 |         |     |
| 1            | YARRAJI Jyoth        | 01.01.2000 | INDIA                    |       | 23.53   |     |
| 2            | WÓJTOWICZ Emilia     | 13.10.2003 | AZS UMCS Lublin          | LU    | 24.27   |     |
| 3            | SKIERKOWSKA Martyna  | 05.01.2000 | KS AZS AWF Warszawa      | MZ    | 24.66   |     |
| 4            | CZWODZIŃSKA Amelia   | 21.07.2005 | AZS UMCS Lublin          | LU    | 25.24   |     |
| 5            | OSIPIUK Klaudia      | 09.08.2005 | MKS Agros Chełm          | LU    | 25.24   |     |
| 6            | KOWAL Weronika       | 25.01.1997 | OŚ AZS Poznań            | WP    | 25.35   |     |
| 7            | CIESIELSKA Anna      | 10.01.1997 | KS Sprintwarsaw          | MZ    | 25.60   |     |
| Bieg 2/ 5    |                      | +0.0 M/S   |                          | 18:56 |         |     |
| 1            | PAWAL Kiran          | 08.05.2000 | INDIA                    |       | 23.33   |     |
| 2            | MISIAK Michalina     | 01.09.2004 | OKS Start Otwock         | MZ    | 25.35   |     |
| 3            | KACZKOWSKA Martyna   | 24.09.2006 | AZS-AWFiS Gdańsk         | PM    | 25.37   |     |
| 4            | PANEK Angelika       | 20.04.1989 | OŚ AZS Poznań            | WP    | 25.77   |     |
| 5            | ZAŁĘCZNA Rokšana     | 25.04.2007 | UKS Czempion Bełchatów   | LD    | 26.02   |     |
| 6            | ANGLART Julianna     | 09.12.2006 | UKS Młodzik Warszawa     | MZ    | 26.04   |     |
| Bieg 3/ 5    |                      | +0.7 M/S   |                          | 19:00 |         |     |
| 1            | KOPYŁEK Aleksandra   | 17.04.2008 | AZS-AWFiS Gdańsk         | PM    | 26.23   |     |
| 2            | CHRZEŚCIJANEK Oliwia | 04.10.2006 | AZS UMCS Lublin          | LU    | 26.63   |     |
| 3            | JACKOWICZ Marta      | 26.07.2005 | KS AZS AWF Warszawa      | MZ    | 26.94   |     |
| 4            | WIŚNIEWSKA Maja      | 30.05.2011 | OKS Skra Warszawa        | MZ    | 27.67   |     |
| 5            | JAKUBIAK Paulina     | 21.06.2007 | UKS LA Basket Warszawa   | MZ    | 27.85   |     |
|              | DEFRATYKA Małgorzata | 21.06.1999 | KS Sprintwarsaw          | MZ    | DNS     |     |
|              | LEGIECKA Kamila      | 03.01.2002 | KKL Kielce               | SK    | DNS     |     |
| Bieg 4/ 5    |                      | +1.7 M/S   |                          | 19:03 |         |     |
| 1            | JELSKA Justyna       | 20.08.1999 | KS Podlasie Białystok    | PD    | 26.77   |     |
| 2            | DZIEWICKA Lidia      | 19.05.2006 | UKS Orzełki Warszawa     | MZ    | 27.73   |     |
| 3            | MALINOWSKA Pola      | 02.05.2007 | MKS Unia Hrubieszów      | LU    | 27.78   |     |
| 4            | BALCERZAK Joanna     | 16.10.1973 | OKS Skra Warszawa        | MZ    | 27.80   |     |
| 5            | CHALABA Julia        | 24.07.2006 | UKS Orzełki Warszawa     | MZ    | 28.38   |     |
| Bieg 5/ 5    |                      | +1.0 M/S   |                          | 19:06 |         |     |
| 1            | CZAPLIŃSKA Ewelina   | 09.07.2007 | UKS Młodzik Warszawa     | MZ    | 27.65   |     |
| 2            | SIROCKA Maria        | 04.08.2002 | KS Sprintwarsaw          | MZ    | 27.79   |     |
| 3            | KRÓL Maja            | 01.04.2011 | OKS Skra Warszawa        | MZ    | 30.16   |     |
| 4            | SUCHARSKA-CZAPSKA    | 06.03.1974 | KS Lemiesz Team Warszawa | MZ    | 30.93   |     |
| 5            | OPAK Beata           | 28.06.1965 | W-MKLAM Olsztyn          | WN    | 32.24   |     |
| 300 metrów K |                      |            |                          |       |         |     |
| Bieg 1/ 1    |                      |            |                          | 19:30 |         |     |
| 1            | OSICKA Zuzanna       | 13.10.2006 | UKS 20 Poznań            | WP    | 39.75   |     |
| 2            | CHOJNOWSKA Helena    | 10.05.2009 | KS AZS UWM Olsztyn       | WN    | 45.36   |     |
| 3            | SKIBOWSKA Zofia      | 26.03.2010 | KS AZS UWM Olsztyn       | WN    | 49.24   |     |
| 400 metrów K |                      |            |                          |       |         |     |
| Bieg 1/ 3    |                      |            |                          | 19:45 |         |     |
| 1            | SRI DANDI Jyothika   | 16.07.2000 | INDIA                    |       | 52.32   |     |
| 2            | ŁOZOWSKA Karolina    | 28.05.1999 | KS AZS AWF Warszawa      | MZ    | 52.73   |     |
| 3            | RAMRAJ Vithia        | 20.09.1998 | INDIA                    |       | 53.18   |     |
| 4            | VENKATESAN Subha     | 31.08.1999 | INDIA                    |       | 53.19   |     |
| 5            | PRACHI Subha         | 20.12.1996 | INDIA                    |       | 53.97   |     |
| 6            | POOVAMMA Machettira  | 05.06.1990 | INDIA                    |       | 53.97   |     |
| Bieg 2/ 3    |                      |            |                          | 19:49 |         |     |
| 1            | KOŁAKOWSKA Agata     | 02.08.1997 | AZS-AWFiS Gdańsk         | PM    | 55.78   |     |
| 2            | OSTROWSKA Monika     | 17.03.2008 | AZS UMCS Lublin          | LU    | 59.32   |     |
| 3            | PIOTROWSKA Iga       | 14.02.2008 | AZS UMCS Lublin          | LU    | 1:01.14 |     |
| 4            | KUNA Aleksandra      | 30.04.2008 | AZS UMCS Lublin          | LU    | 1:01.25 |     |
| 5            | GURBSKA Edyta        | 10.02.2006 | LKS Osuchów              | MZ    | 1:02.65 |     |
| 6            | BRZYSKA Sandra       | 06.01.2008 | AZS UMCS Lublin          | LU    | 1:02.95 |     |



|                           |            |                               |          |         |      |
|---------------------------|------------|-------------------------------|----------|---------|------|
| 7 SAWICKA Kinga           | 25.11.2009 | UMLKS Pegaz Opoczno           | LD       | 1:09.38 |      |
| Bieg 3/ 3                 |            |                               | 19:52    |         |      |
| 1 TROCHOLEPSZA Martyna    | 09.02.2004 | AZS-AWF Gorzów                | LB       | 55.34   |      |
| 2 LUPA Natalie            | 21.10.2005 | niest. Warszawa               | MZ       | 1:02.95 |      |
| 3 BOGUSŁAWSKA Julia       | 21.07.2003 | AKL Ursynów Warszawa          | MZ       | 1:05.06 |      |
| 4 SENDEROWICZ Justyna     | 05.08.1996 | KS AZS AWF Warszawa           | MZ       | 1:07.47 |      |
| 5 KIEWRA Karolina         | 29.10.2009 | KS AZS AWF Warszawa           | MZ       | 1:09.24 |      |
| 6 WĘGOREK Patrycja        | 24.02.2005 | AZS Warszawa                  | MZ       | 1:14.00 |      |
| JURKIEWICZ Julia          | 04.02.2008 | LKS Maraton Turek             | WP       | DNF     |      |
| 1000 metrów K             |            |                               |          |         |      |
| Bieg 1/ 1                 |            |                               | 17:06    |         |      |
| 1 GRYBOŚ Ewa              | 15.06.1990 | MKS Polonia Warszawa          | MZ       | 3:05.59 |      |
| 2 WOJTKOWIAK Marta        | 07.07.1985 | KS Czempion Warszawa          | MZ       | 3:10.48 |      |
| 3 KAŁASKA Karolina        | 23.07.2007 | GKS Wilga Garwolin            | MZ       | 3:13.72 |      |
| 4 GRABARCZYK Alicja       | 21.06.2010 | MKS Bank BS Płońsk            | MZ       | 3:47.20 |      |
| 1500 metrów kobiet        |            |                               |          |         |      |
| Bieg 1/ 1                 |            |                               | 20:15    |         |      |
| 1 PIĄTKOWSKA Oliwia       | 07.06.2006 | KS AZS AWF Warszawa           | MZ       | 4:33.97 |      |
| 2 ZAWADZKA Julia          | 20.07.2004 | KS AZS AWF Warszawa           | MZ       | 4:35.06 | PB   |
| 3 CYGAN Natalia           | 25.05.2005 | KKL Stal Stalowa Wola         | PK       | 4:35.51 | PB   |
| 4 PAWELUS Amelia          | 13.08.2005 | LKS Omega Kleszczów           | LD       | 4:36.56 | PB   |
| 5 HRYCIUK Marianna        | 04.02.2006 | OKS Start Otwock              | MZ       | 4:37.50 |      |
| 6 BORKOWSKA Aleksandra    | 30.05.2005 | GKS Wilga Garwolin            | MZ       | 4:39.15 | PB   |
| 7 KUCZABA VEL KUCIABIŃSKA | 31.07.2005 | KS Czempion Warszawa          | MZ       | 4:44.20 |      |
| 8 ŁADA Anna               | 21.04.2006 | KS Czempion Warszawa          | MZ       | 4:59.66 |      |
| 2000 metrów kobiet        |            |                               |          |         |      |
| Bieg 1/ 1                 |            |                               | 20:29    |         |      |
| 1 CHORZEPA Agnieszka      | 14.01.2001 | KS AZS AWF Warszawa           | MZ       | 6:07.58 | PB   |
| 2 SULIŃSKA Maria          | 07.05.2010 | WKS Wawel Kraków              | MA       | 7:17.94 |      |
| 3 TRZCIŃSKA Anna          | 19.11.2009 | UKS Orzełki Warszawa          | MZ       | 7:26.40 |      |
| 4 LANGE Marta             | 11.01.2008 | CWZS Zawisza Bydgoszcz SL     | KP       | 7:42.11 |      |
| 100 m pł kobiet           |            |                               |          |         |      |
| FINAŁ                     |            |                               | -0.7 M/S | 18:12   |      |
| 1 LOZOVYTSKA Anna         | 22.12.2005 | KS AZS AWF Warszawa           | MZ       | 14.90   |      |
| 2 JAWORSKA Wiktoria       | 03.02.2006 | OKS Skra Warszawa             | MZ       | 15.41   |      |
| 3 URBANIAK Lena           | 17.05.2006 | UKS Gepard Warszawa           | MZ       | 15.45   |      |
| 4 KUCHARSKA Ewelina       | 12.06.2005 | GKS Wilga Garwolin            | MZ       | 15.71   |      |
| 5 MAJCHRZAK Angelika      | 02.05.2005 | UKS Dąb Suchy Las             | WP       | 15.94   |      |
| 6 LESZEGA Zuzanna         | 26.04.2006 | KL Gdynia                     | PM       | 16.59   |      |
| ŻUROWSKA Julia            | 18.03.2001 | KS AZS AWF Warszawa           | MZ       | DNF     |      |
| YARRAJI Jyoth             | 01.01.2000 | INDIA                         |          | DNF     |      |
| 100 m pł kobiet           |            |                               |          |         |      |
| Bieg 1/ 2                 |            |                               | +0.3 M/S | 17:13   |      |
| 1 YARRAJI Jyoth           | 01.01.2000 | INDIA                         |          | 13.29   | q    |
| 2 ŻUROWSKA Julia          | 18.03.2001 | KS AZS AWF Warszawa           | MZ       | 14.83   | q    |
| 3 LOZOVYTSKA Anna         | 22.12.2005 | KS AZS AWF Warszawa           | MZ       | 14.87   | q    |
| 4 URBANIAK Lena           | 17.05.2006 | UKS Gepard Warszawa           | MZ       | 15.26   | q    |
| 5 MAJCHRZAK Angelika      | 02.05.2005 | UKS Dąb Suchy Las             | WP       | 15.60   | q PB |
| Bieg 2/ 2                 |            |                               | +0.2 M/S | 17:22   |      |
| 1 JAWORSKA Wiktoria       | 03.02.2006 | OKS Skra Warszawa             | MZ       | 15.83   | q    |
| 2 KUCHARSKA Ewelina       | 12.06.2005 | GKS Wilga Garwolin            | MZ       | 16.32   | q    |
| 3 LESZEGA Zuzanna         | 26.04.2006 | KL Gdynia                     | PM       | 16.69   | q    |
| 4 PUCHAŁA Zofia           | 28.08.2006 | KKL Kielce                    | SK       | 16.80   |      |
| ALMATAR Miriam            | 26.07.1995 | SAUDI ARABIA                  |          | DNF     |      |
| 400 m pł kobiet           |            |                               |          |         |      |
| Bieg 1/ 2                 |            |                               | 16:16    |         |      |
| 1 KOŁODZIEJCZUK Maria     | 19.11.2004 | BKS Bydgoszcz                 | KP       | 1:01.51 |      |
| 2 MISIAK Michalina        | 01.09.2004 | OKS Start Otwock              | MZ       | 1:02.23 |      |
| 3 CHODKOWSKA Julia        | 14.11.2005 | KS Ciechan Ciechanów          | MZ       | 1:03.03 |      |
| 4 JANIK Karina            | 23.06.2005 | KS AZS AWF Warszawa           | MZ       | 1:03.35 |      |
| 5 JANIK Dominika          | 23.06.2005 | KS AZS AWF Warszawa           | MZ       | 1:03.81 |      |
| 6 ZIÓŁKOWSKA Maja         | 17.12.2006 | AZS KU Politechniki Opolskiej | OP       | 1:04.40 |      |
| Bieg 2/ 2                 |            |                               | 16:16    |         |      |
| 1 NOWAKOWSKA Alicja       | 20.11.2005 | AZS UMCS Lublin               | LU       | 1:04.48 |      |
| 2 LUPA Natalie            | 21.10.2005 | niest. Warszawa               | MZ       | 1:09.09 |      |
| 3 BIELAWSKA Bianka        | 14.12.2005 | KL Gdynia                     | PM       | 1:11.14 |      |
| 4 WYSZKOWSKA Malina       | 10.12.2006 | AZS-AWFiS Gdańsk              | PM       | 1:16.55 |      |
| 5 ZABŁOCKA Alicja         | 06.06.2008 | Orka Iława Athletics          | WN       | 1:22.79 |      |
| MOSZCZYŃSKA Alicja        | 18.05.2006 | KS AZS UWM Olsztyn            | WN       | DNF     |      |

## Pchnięcie kulą K (4kg)

| FINAŁ |                       |            |       |         |             |   |       | 16:30 |    |  |
|-------|-----------------------|------------|-------|---------|-------------|---|-------|-------|----|--|
| 1     | KICIŃSKA Anna         | 11.02.2005 | UKS   | Tempo 5 | Przemysł    |   | PK    | 13.59 |    |  |
| 2     | MIOSKOWSKA Aleksandra | 14.06.2005 | KS    | AZS     | AWF Wrocław |   | DS    | 13.38 | PB |  |
| 3     | ALMATAR Miriam        | 26.07.1995 | SAUDI | ARABIA  |             |   |       | 9.22  |    |  |
|       |                       | I          | II    | III     | IV          | V | VI    |       |    |  |
|       | KICIŃSKA Anna         | 13.58      | 13.59 | x       | 12.87       | x | 13.28 |       |    |  |
|       | MIOSKOWSKA Aleksandra | x          | 13.38 | x       | x           | x |       |       |    |  |
|       | ALMATAR Miriam        | 8.94       | 8.98  | 9.22    | 8.97        | x | 9.01  |       |    |  |

## Pchnięcie kulą K U18 (3kg)

| FINAŁ |                       |            |       |         |              |       |       | 16:30 |    |  |
|-------|-----------------------|------------|-------|---------|--------------|-------|-------|-------|----|--|
| 1     | CIESZEWSKA Aleksandra | 09.06.2008 | MKS   | Bank BS | Płońsk       |       | MZ    | 13.34 |    |  |
| 2     | CAŁKA Maria           | 11.09.2008 | GKS   | Wilga   | Garwolin     |       | MZ    | 10.69 |    |  |
| 3     | NOWAK Natalia         | 23.04.2009 | AKL   | Ursynów | Warszawa     |       | MZ    | 9.97  |    |  |
| 4     | LUŚNIA Maja           | 08.01.2009 | GKS   | Wilga   | Garwolin     |       | MZ    | 9.53  |    |  |
| 5     | SMOLARCZYK Pola       | 06.03.2009 | KS    | AZS     | AWF Warszawa |       | MZ    | 9.20  | PB |  |
|       |                       | I          | II    | III     | IV           | V     | VI    |       |    |  |
|       | CIESZEWSKA Aleksandra | 11.93      | 13.34 | 12.27   | x            | 12.53 | 13.26 |       |    |  |
|       | CAŁKA Maria           | x          | 10.36 | 10.69   | 10.41        | 10.09 | 9.96  |       |    |  |
|       | NOWAK Natalia         | 9.73       | 9.97  | x       | x            | 9.63  | 9.85  |       |    |  |
|       | LUŚNIA Maja           | 8.98       | 9.53  | 9.32    | x            | 9.31  | 9.21  |       |    |  |
|       | SMOLARCZYK Pola       | 9.20       | 8.95  | x       | 8.67         | x     | 8.95  |       |    |  |

## Rzut oszczepem K U18 (500)

| FINAŁ |             |            |       |       |          |   |       | 16:20 |    |  |
|-------|-------------|------------|-------|-------|----------|---|-------|-------|----|--|
| 1     | LUŚNIA Maja | 08.01.2009 | GKS   | Wilga | Garwolin |   | MZ    | 30.03 | PB |  |
|       |             | I          | II    | III   | IV       | V | VI    |       |    |  |
|       | LUŚNIA Maja | 28.39      | 30.03 | x     | 27.85    | x | 27.01 |       |    |  |

## Rzut oszczepem K (600)

| FINAŁ |               |            |       |       |              |       |    | 16:20 |  |  |
|-------|---------------|------------|-------|-------|--------------|-------|----|-------|--|--|
| 1     | RANI Annu     | 29.08.1992 | INDIA |       |              |       |    | 58.70 |  |  |
| 2     | BIELAK Amelia | 05.11.2005 | KS    | AZS   | AWF Warszawa |       | MZ | 35.35 |  |  |
|       |               | I          | II    | III   | IV           | V     | VI |       |  |  |
|       | RANI Annu     | 54.79      | 54.40 | 56.63 | 58.70        | 58.22 | x  |       |  |  |
|       | BIELAK Amelia | 35.35      | x     | 34.78 | 33.39        | x     | x  |       |  |  |

## Rzut dyskiem K (1kg)

| FINAŁ |                       |            |       |         |           |       |       | 19:34 |  |  |
|-------|-----------------------|------------|-------|---------|-----------|-------|-------|-------|--|--|
| 1     | MUSZYŃSKA Weronika    | 05.04.2001 | AZS   | UMCS    | Lublin    |       | LU    | 51.28 |  |  |
| 2     | KICIŃSKA Anna         | 11.02.2005 | UKS   | Tempo 5 | Przemysł  |       | PK    | 42.96 |  |  |
| 3     | LEMANOWICZ Oliwia     | 21.07.2006 | KS    | Ciechan | Ciechanów |       | MZ    | 42.09 |  |  |
| 4     | LIPIEC Agnieszka      | 08.06.2005 | KS    | Wisła   | Puławy    |       | LU    | 39.40 |  |  |
| 5     | CIESZEWSKA Aleksandra | 09.06.2008 | MKS   | Bank BS | Płońsk    |       | MZ    | 39.28 |  |  |
| 6     | DUDZIŃSKA Klaudia     | 04.02.2005 | MKL   | Toruń   |           |       | KP    | 33.73 |  |  |
| 7     | NOWAK Natalia         | 23.04.2009 | AKL   | Ursynów | Warszawa  |       | MZ    | 31.87 |  |  |
| 8     | CAŁKA Maria           | 11.09.2008 | GKS   | Wilga   | Garwolin  |       | MZ    | 29.55 |  |  |
|       |                       | I          | II    | III     | IV        | V     | VI    |       |  |  |
|       | MUSZYŃSKA Weronika    | x          | 50.82 | 51.28   | 49.75     | 50.88 | 49.18 |       |  |  |
|       | KICIŃSKA Anna         | x          | x     | x       | 42.86     | x     | 42.96 |       |  |  |
|       | LEMANOWICZ Oliwia     | x          | 39.41 | 41.42   | 41.49     | x     | 42.09 |       |  |  |
|       | LIPIEC Agnieszka      | x          | x     | 39.40   | 38.87     | x     | x     |       |  |  |
|       | CIESZEWSKA Aleksandra | 39.28      | 39.18 | x       | x         | x     | 38.51 |       |  |  |
|       | DUDZIŃSKA Klaudia     | 33.73      | x     | 33.34   | 33.50     | x     | 33.25 |       |  |  |
|       | NOWAK Natalia         | -          | -     | -       | 31.87     | x     | x     |       |  |  |
|       | CAŁKA Maria           | 27.44      | 26.98 | 29.55   | x         | x     | x     |       |  |  |

## Rzut dyskiem K U16 (0.75 kg)

|                 |   |    |                                 |       |       |       |  |       |
|-----------------|---|----|---------------------------------|-------|-------|-------|--|-------|
| FINAŁ           |   |    |                                 |       |       | 19:34 |  |       |
| 1 NOWAK Natalia |   |    | 23.04.2009 AKL Ursynów Warszawa |       |       | MZ    |  | 35.15 |
| NOWAK Natalia   | I | II | III                             | IV    | V     | VI    |  |       |
|                 | x | x  | 35.15                           | 31.75 | 33.39 | x     |  |       |

## Skok wzwyż kobiet

|                     |  |  |                      |  |  |       |      |    |
|---------------------|--|--|----------------------|--|--|-------|------|----|
| FINAŁ               |  |  |                      |  |  | 16:17 |      |    |
| 1 ADAMCZYK Antonina |  |  | 22.03.2009 MKL Toruń |  |  | KP    | 1.47 | PB |

## Rzut młotem K (4kg)

|                      |  |  |                                 |  |  |       |  |       |
|----------------------|--|--|---------------------------------|--|--|-------|--|-------|
| FINAŁ                |  |  |                                 |  |  | 15:50 |  |       |
| 1 ORZECHOWSKA Aneta  |  |  | 21.02.2006 LKS Vectra Włocławek |  |  | KP    |  | 55.50 |
| 2 KOŹLAREK Julia     |  |  | 20.06.2005 OŚ AZS Poznań        |  |  | WP    |  | 54.43 |
| 3 SENKOWSKA Karolina |  |  | 08.02.2002 OŚ AZS Poznań        |  |  | WP    |  | 52.82 |
| 4 WIJAS Wiktoria     |  |  | 06.02.2003 KS AZS AWF Warszawa  |  |  | MZ    |  | 48.89 |
| 5 LIPIEC Agnieszka   |  |  | 08.06.2005 KS Wisła Puławy      |  |  | LU    |  | 40.82 |
| 6 BRZEZIŃSKA Maja    |  |  | 03.02.2006 LKS Vectra Włocławek |  |  | KP    |  | 38.83 |

|                   |       |    |       |       |   |       |  |  |
|-------------------|-------|----|-------|-------|---|-------|--|--|
| ORZECHOWSKA Aneta | I     | II | III   | IV    | V | VI    |  |  |
|                   | 55.50 | x  | 51.06 | 54.13 | x | 54.73 |  |  |

|                |  |  |       |       |       |       |       |       |
|----------------|--|--|-------|-------|-------|-------|-------|-------|
| KOŹLAREK Julia |  |  | 51.43 | 47.94 | 49.60 | 48.94 | 51.61 | 54.43 |
|----------------|--|--|-------|-------|-------|-------|-------|-------|

|                    |   |   |   |   |       |       |  |  |
|--------------------|---|---|---|---|-------|-------|--|--|
| SENKOWSKA Karolina | x | x | x | x | 52.82 | 51.17 |  |  |
|--------------------|---|---|---|---|-------|-------|--|--|

|                |  |  |       |   |       |       |       |  |
|----------------|--|--|-------|---|-------|-------|-------|--|
| WIJAS Wiktoria |  |  | 47.99 | x | 48.89 | 47.50 | 48.19 |  |
|----------------|--|--|-------|---|-------|-------|-------|--|

|                  |   |   |       |       |   |       |  |  |
|------------------|---|---|-------|-------|---|-------|--|--|
| LIPIEC Agnieszka | x | x | 33.37 | 40.82 | x | 38.37 |  |  |
|------------------|---|---|-------|-------|---|-------|--|--|

|                 |  |  |       |   |       |       |       |  |
|-----------------|--|--|-------|---|-------|-------|-------|--|
| BRZEZIŃSKA Maja |  |  | 35.98 | x | 38.83 | 38.25 | 37.22 |  |
|-----------------|--|--|-------|---|-------|-------|-------|--|

## Rzut młotem K U18 (3kg)

|                     |  |  |                                 |  |  |       |  |       |
|---------------------|--|--|---------------------------------|--|--|-------|--|-------|
| FINAŁ               |  |  |                                 |  |  | 15:50 |  |       |
| 1 KOŁACKA Michalina |  |  | 22.10.2009 OŚ AZS Poznań        |  |  | WP    |  | 43.58 |
| 2 KRUKOWSKA Sonia   |  |  | 19.11.2009 KS Warszawianka W-wa |  |  | MZ    |  | 36.35 |

|                   |       |    |       |       |   |    |  |  |
|-------------------|-------|----|-------|-------|---|----|--|--|
| KOŁACKA Michalina | I     | II | III   | IV    | V | VI |  |  |
|                   | 41.10 | x  | 42.42 | 43.58 | x | x  |  |  |

|                 |  |  |       |       |   |   |   |  |
|-----------------|--|--|-------|-------|---|---|---|--|
| KRUKOWSKA Sonia |  |  | 35.00 | 36.35 | x | x | x |  |
|-----------------|--|--|-------|-------|---|---|---|--|

## Skok o tyczce K

|                      |  |  |                                |  |  |       |  |      |
|----------------------|--|--|--------------------------------|--|--|-------|--|------|
| FINAŁ                |  |  |                                |  |  | 18:45 |  |      |
| 1 KAMIŃSKA Barbara   |  |  | 11.10.2005 KS AZS AWF Warszawa |  |  | MZ    |  | 3.40 |
| 2 HARASIMOWICZ Julia |  |  | 22.07.2010 KS AZS AWF Warszawa |  |  | MZ    |  | 2.40 |
| SZYMCZAK Karolina    |  |  | 14.06.2007 KS AZS AWF Warszawa |  |  | MZ    |  | NM   |

## Skok w dal K

|                       |  |  |                                |  |  |       |      |        |
|-----------------------|--|--|--------------------------------|--|--|-------|------|--------|
| FINAŁ                 |  |  |                                |  |  | 18:00 |      |        |
| 1 JÓŹWICKA Małgorzata |  |  | 03.06.2002 KS AZS AWF Warszawa |  |  | MZ    | 6.09 | 0.6    |
| 2 KLIMACKA Weronika   |  |  | 19.04.1996 OŚ AZS Poznań       |  |  | WP    | 5.98 | 0.6    |
| 3 MPOFU Prissy        |  |  | 10.09.2001 TS Start Lublin     |  |  | LU    | 5.60 | 1.2    |
| 4 WRÓBEL Lena         |  |  | 01.09.2008 RKS Łódź            |  |  | LD    | 5.52 | 1.0    |
| 5 KOSTRZEWSKA Barbara |  |  | 27.03.1998 KS AZS AWF Warszawa |  |  | MZ    | 5.26 | 0.7    |
| 6 MASIĄK Agnieszka    |  |  | 26.07.2007 AZS UMCS Lublin     |  |  | LU    | 4.92 | PB 0.7 |
| 7 ALMATAR Miriam      |  |  | 26.07.1995 SAUDI ARABIA        |  |  |       | 4.84 | 1.1    |
| 8 BARNA Wiktoria      |  |  | 31.05.2010 GKS Wilga Garwolin  |  |  | MZ    | 4.76 | PB 1.9 |

|                     |      |      |      |      |   |      |  |  |
|---------------------|------|------|------|------|---|------|--|--|
| JÓŹWICKA Małgorzata | I    | II   | III  | IV   | V | VI   |  |  |
|                     | 5.95 | 6.05 | 5.99 | 6.09 | x | 4.41 |  |  |

|                   |  |  |     |      |     |     |     |  |
|-------------------|--|--|-----|------|-----|-----|-----|--|
| KLIMACKA Weronika |  |  | 0.9 | -0.1 | 0.6 | 0.6 | 0.2 |  |
|-------------------|--|--|-----|------|-----|-----|-----|--|

|              |  |  |   |      |   |      |   |   |
|--------------|--|--|---|------|---|------|---|---|
| MPOFU Prissy |  |  | x | 5.83 | x | 5.98 | x | x |
|--------------|--|--|---|------|---|------|---|---|

|             |  |  |      |   |      |   |      |      |
|-------------|--|--|------|---|------|---|------|------|
| WRÓBEL Lena |  |  | 5.60 | x | 5.58 | x | 5.58 | 5.42 |
|-------------|--|--|------|---|------|---|------|------|

|                     |  |  |     |     |     |     |     |  |
|---------------------|--|--|-----|-----|-----|-----|-----|--|
| KOSTRZEWSKA Barbara |  |  | 1.2 | 0.7 | 0.7 | 1.2 | 0.1 |  |
|---------------------|--|--|-----|-----|-----|-----|-----|--|

|                  |  |  |      |      |      |      |      |   |
|------------------|--|--|------|------|------|------|------|---|
| MASIĄK Agnieszka |  |  | 5.52 | 5.38 | 5.33 | 5.48 | 5.48 | x |
|------------------|--|--|------|------|------|------|------|---|

|                |  |  |     |     |     |     |     |  |
|----------------|--|--|-----|-----|-----|-----|-----|--|
| ALMATAR Miriam |  |  | 1.0 | 1.5 | 1.1 | 0.1 | 0.2 |  |
|----------------|--|--|-----|-----|-----|-----|-----|--|

|                |  |  |      |   |      |      |      |      |
|----------------|--|--|------|---|------|------|------|------|
| BARNA Wiktoria |  |  | 5.26 | x | 5.20 | 5.18 | 5.08 | 5.10 |
|----------------|--|--|------|---|------|------|------|------|

|  |  |  |     |     |      |     |     |  |
|--|--|--|-----|-----|------|-----|-----|--|
|  |  |  | 0.7 | 0.6 | -0.8 | 0.7 | 0.2 |  |
|--|--|--|-----|-----|------|-----|-----|--|

Trójskok K

FINAŁ

17:00

|                      |                      |            |                      |       |       |       |      |
|----------------------|----------------------|------------|----------------------|-------|-------|-------|------|
| 1                    | MPOFU Prissy         | 10.09.2001 | TS Start Lublin      | LU    | 11.85 |       | 1.0  |
| 2                    | PRZYBYŁOWSKA Natalia | 19.11.2006 | MUKS Płock           | MZ    | 11.35 |       | 1.0  |
| 3                    | BOREK Alicja         | 14.05.2005 | KKL Kielce           | SK    | 11.35 | SB    | 0.4  |
| 4                    | SMOROŃ Nadia         | 04.03.2005 | AZS-AWFIS Gdańsk     | PM    | 11.30 |       | 1.1  |
| 5                    | KWIATKOWSKA Łucja    | 17.06.2008 | MKS Polonia Warszawa | MZ    | 10.38 |       | -0.1 |
|                      |                      | I          | II                   | III   | IV    | V     | VI   |
| MPOFU Prissy         | x                    | 11.76      | 11.63                | 11.85 | 11.63 | 11.46 |      |
|                      |                      | -0.2       | 1.7                  | 1.0   | 0.9   | -2.1  |      |
| PRZYBYŁOWSKA Natalia | 10.97                | 10.97      | 11.35                | 11.26 | 10.68 | r     |      |
|                      | -0.3                 | 0.8        | 1.0                  | 0.5   | 0.3   |       |      |
| BOREK Alicja         | 10.80                | 11.35      | 10.90                | 10.95 | 10.87 | r     |      |
|                      | -0.2                 | 0.4        | 1.1                  | 0.4   | 0.4   |       |      |
| SMOROŃ Nadia         | x                    | x          | 10.85                | 11.10 | 11.30 | r     |      |
|                      |                      |            | 1.1                  | 0.5   | 1.1   |       |      |
| KWIATKOWSKA Łucja    | x                    | x          | x                    | 9.89  | 10.11 | 10.38 |      |
|                      |                      |            |                      | -1.2  | -0.5  | -0.1  |      |